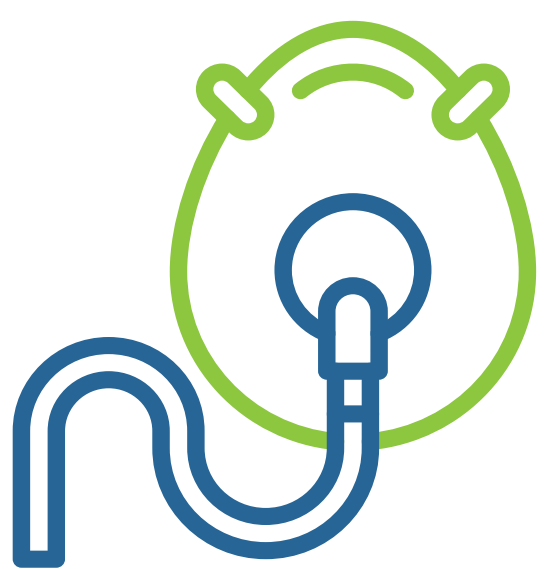




VO₂ testing can
reveal the cause of
your exercise limitation

Cardiopulmonary Exercise Testing (CPET)

1. Get Connected



- Breathing mask
- Heart monitors
- Oxygen clip

2. Exercise



- Bike or treadmill
- Effort increases
- Stop anytime

3. Results



- VO₂
- Heart & lungs
- Fitness level

Why is VO₂ Testing important?

Know Your Fitness

True VO₂
measurement



Find the Limiter

Heart?
Lungs?
Conditioning?



Data Insights

For
personalized
care plan



Safe. Supervised. Personalized.

We closely monitor your heart, lungs, and oxygen consumption during exercise to ensure you receive the highest level of care.