

# CPET Interpretation: A Practical Approach to Empower Clinicians

Join Prof. Cooper during this practical webinar on CPET: streamline testing, simplify interpretation, and boost clinical confidence.

Discover how cardiopulmonary exercise testing can improve diagnosis and treatment assessment. We'll review barriers to wider CPET use—variable protocols, complex data and inconsistent displays—and present clear, actionable recommendations for standardized testing.

Learn a powerful, clinician-friendly approach: derivation of ten key variables presented in a concise 4-panel graphical display. With only eight core measurements reliably captured, you'll see how straightforward processing and display transform CPET into a fast, meaningful diagnostic tool.

Hands-on guidance will show how the 4-panel plot supports Level 1-3 interpretations across aerobic performance, functional capacity, ventilatory and cardiovascular response. Real case examples will illustrate classic patterns in deconditioning, obesity, heart failure, chronic lung disease, dysfunctional breathing and myopathy.

Who should attend: clinicians, physiologists and allied health professionals seeking practical, time-saving CPET skills to enhance patient care.



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**April 15<sup>th</sup>, 2026**

**5:00pm** Central European Time

**11:00am** Eastern Standard Time

**8:00am** Pacific Standard Time

This program has been approved for 1.5 contact hour Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care.



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